CIRENCESTER AND STROUD BRANCH - RISK ASSESSMENT				
LOCATION:	Minchinhampton Fitness Hub			
PURPOSE:	Weekly activity of (instructor led) Nordic Walking			
ASSESSMENT DATE:	O9/01/2024			
ASSESSED BY:	Kevin Young			
RENEWAL DATE:	RENEWAL DATE: 09/01/2025			

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Hazards What are the hazards?	Effects What might happen because of this hazard?	Mitigations How have you reduced the risk already?	Likelihood of risk occurring after mitigations (1=low, 2=medium, 3=high)	The impact of the risk after mitigations (1=low, 2=medium, 3=high)	Total Risk Score
Physical hazards are relatively easy to spot but some other kinds need to be thought about.	The possible effects of any hazard can vary. You may therefore want to think of a range of effects for certain hazards.	Consider what can be done to minimise the risks.	How likely is it that the effect will happen?	How bad would the effect be if it happened?	
Unloading the car	People may hurt their back carrying heavy equipment or resources long distances	Instruct the person that needs to unload to park near the door while doing so and move the car afterwards. Pack the resources into smaller, more manageable boxes. Members & their carers know how to unload their own personal items.	1	1	1
Potholes in car park or poor car parking facility.	Someone might fall over or too far to walk.	Let people know that the car park ground is uneven beforehand and it's location.	1	1	1
No disabled access to venue	Difficult to get wheelchairs in, could cause problems for the person pushing and the person in the wheelchair	Agreed with the venue that they will provide a disabled ramp and support people getting wheelchairs up it	1	1	1
Fire doors need to be easily accessed and marked clearly	If they are obstructed or not clear and there is a fire, people may get stuck in the venue	Ensure that fire doors are free of obstructions on arrival. Make sure that everyone knows where the exits are in case of a fire	1	1	1
Fire Extinguishers	There may not be any in case of emergency	Ensure that there are extinguishers fitted and that they are maintained and suitably located and responsible person from location is aware of our meeting.	1	1	1
Slips, trips and falls in the venue	Minor injuries to broken bones	Floor is suitable for indoor walking with poles, activity is stopped if someone falls and is helped up, a certified instructor leads the activity at all times.	1	1	1
Exhaustion from too much effort	Tiredness, fatigue and lack of attention	The certified instructor is looking out for anyone in difficulty at all times.	1	1	1
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