

LOCAL INFORMATION for PEOPLE WITH PARKINSON'S, THEIR FAMILIES AND CARERS



CIRENCESTER AND STROUD PARKINSON'S UK BRANCH 2023

The information in this booklet has been gathered by members of the Cirencester and Stroud Parkinson's UK branch - much from first-hand experience.

It is a booklet with local information and contacts specific to people with Parkinson's, carers, and families.

The information provided is from contacts available to us at the time of release and is accurate to the best of our knowledge.

Please contact the Cirencester and Stroud Parkinson's UK Branch for any amendments.

PARKINSON'S NURSES

For people with a Parkinson's diagnosis

Parkinson's nurses are a local source of expert knowledge.

They can...

- Provide valuable help in supporting people coming to terms with their Parkinson's diagnosis.
- Offer guidance on managing medication.
- Make appropriate referrals on to other professionals such as speech and language therapists and physiotherapists.

Gloucestershire Parkinson's Nurses team

Contact details for nurses' administrator, Mark Greening

Phone - 0300 422 6610 Monday – Friday 9am-5pm

Email - ghn-tr.parkinsonsteam@nhs.net

Stroud Nurse = Emma Sodzi, holds clinics at The Vale and Stroud Hospital.

Cirencester Nurse = Deborah Thurman, holds clinics at Cirencester Hospital.

Forest and Gloucester City Nurse = Lucy Cowmeadow

Gloucestershire South, Tewkesbury & North Cotswolds = Ellen Bennett

Current clinics:

- **Cirencester Hospital** – 3rd Friday and 4th Wednesday of each month, run by Deborah Thurman
- **Stroud Hospital** – every 1st and 3rd Friday of each month, run by Emma Sodzi
- **Dursley (The Vale Hospital)** – every 2nd and 4th Friday of each month, run by Emma Sodzi

All of the above clinics run for a total of 4 hours, with 8 patients each having a 30-minute slot.

PARKINSON'S SPECIALISTS

Gloucestershire Hospitals NHS Trust : 0300 422 2222

[Consultant Neurologists \(clinics in Gloucester Royal and Cheltenham hospitals\)](#)

Dr Silva, Dr Fuller, Dr Martin, Dr Golestani, Dr Alexander.

[Care of the Elderly Consultants \(clinics at Cirencester and the Dilke hospitals\)](#)

Dr Fletcher, Dr Asghar, Dr Kularnie, Dr Nandi.

NHS services in Wiltshire - 01249 456592 whc.northwiltsneuropractitioner@nhs.net

The Integrated community neurology and stroke service offer a neurology specialist practitioner service to people with deteriorating neurological conditions, including Parkinson's Disease.

Clinics are held across North Wiltshire including Malmesbury, Marlborough, Calne and Chippenham. These are subject to change depending on staffing and other service aspects. We accept referrals from consultants, GPs and other professionals, and welcome any patient enquiry.

There are also some useful links on their website: [Integrated community neurology and stroke service - Wiltshire Health and Care | Enabling people to live independent and fulfilling lives](#)

PARKINSON'S LOCAL ADVISORS

Local advisors can...

- Provide updated information on Parkinson's (not clinical or medical matters).
- Offer emotional support for you and your family.
- Offer information about benefits and application.
- Give information and links to local services.
- Support you with complaints and getting your needs assessed.

Contact the team on 0808 800 0303

Calls are assessed through a triage system and then you will be allocated an advisor.

HEALTH RELATED SERVICES

HOSPICES

For those with life limiting illnesses and their carers, providing specialist services for people in Gloucestershire and surrounding areas.

Longfield

Burleigh Lane, Minchinhampton, GL5 2PQ

01453 886868

Email - info@longfield.org.uk

Website – longfield.co.uk

Prospect Hospice

Moormead Road, Wroughton, Swindon, SN4 9BY

01793 813355

Email – info@prospect-hospice.net

Website – prospect-hospice.net

Sue Ryder Hospice

Church Road, Leckhampton, Cheltenham, GL53 0QJ

Patientline – 0300 303 1395 (24 hrs / 7 days a week)

Email – leckhampton@sueryder.org

Website – sueryder.org

Great Oaks Dean Forest Hospice

The Gorse, Coleford, Glos, GL16 8QE

01594 811910

Hospice at home and out of hours – 07760 796 670

Email – clerical@great-oaks.org.uk

Website – great-oaks.org.uk

OTHER CENTRES

The Keepers – Wootton Are Community Hub

Symn Lane, Wootton-Under-Edge, GL12 7BD

07585 466418

Email – thekeeperscommunityhub@gmail.com

Website – thekeepers.co.uk

- Supported by a Hub Manager, Hub Support Worker, Outreach Coordinator, Volunteer Coordinator and volunteers, the Community Hub aims to provide and support activities which directly address community needs, to help residents live happy and healthy lives.

Uplands Care Services: Home Services

All Saints Centre, Upper Springfield Road, Stroud, GL5 1TF

01453 759388

Email – Uplands.Daycentre@lilianfaithfull.co.uk

Website – lilianfaithfull.co.uk

- For older people living in the Stroud area; people with physical needs or an early stage of dementia. An opportunity for social contact and with a programme of activities on offer. Hot lunch and refreshments available as well as assisted bathing facilities and various types of therapy. The day centre also enables carers to have a break from their caring duties.

Yercombe Lodge

Stinchcombe, Dursley, GL11 6AS

01453 548349 (day centre)

01453 542513 (residential home)

Email – info@yercombelodge.co.uk

Website – yercombelodge.co.uk

- A day centre with activities and entertainment in a social atmosphere for people with physical disabilities. Also, a residential facility for respite care.

HELP FOR CARERS

Crossroads Care Gloucestershire

10 Sabre Close, Quedgeley, Glos, GL2 4 NZ

01452 302542

Email – info@crossroadscareglos.org.uk

Website – crossroadscareglos.org.uk

- Run Azalea day clubs at Cirencester Hospital 10am – 3pm on Tuesdays, Wednesdays and Thursdays
- Responding to needs of carers and the people they support, offering peace of mind and understanding.
- Their core service sees a trained carer support worker coming into the home to take over the caring responsibilities.

Gloucestershire Carers Hub

c/o Omega Resource Group, Head Office, Omega House, Bond's Mill, Stonehouse,
Gloucestershire, GL10 3RF

0300 111 9000

Email – carers@peopleplus.co.uk

Website – gloucestershirecarershub.co.uk

If you register with the Carers Hub you will have access to free information, guidance, support, to empower you in your caring role. This could help you to meet other carers and to interact with others in a safe space.

VOLUNTEER DRIVERS

Providing clients with transport to appointments as well as to doctor, opticians, and dental appointments.

Covering a wide geographic area, including Cirencester, Gloucester, and Cheltenham hospitals, but in the past transport has been provided to hospitals in London, Bristol and Bath.

Minchinhampton: 01453 887314

For patients of Minchinhampton surgery. Run by Patient Participant Group (PPG). More details in surgery. Usually charge mileage and parking costs.

Dursley and District Good Neighbours : 07436 430269

A car transport scheme for the elderly and moderately physically disabled to get to and from hospital. For people living in Berkeley, Stinchcombe, North Nibley, Slimbridge, Cambridge, Cam, Dursley, Coaley, Uley, Sharpness, Purton and all other hamlets within that area. Charges are 35p per mile plus hospital car park charges. Need at least 2 days notice.

Cotswold Friends: 01608 651115 email – transport@cotswoldfriends.org

Website – cotswoldfriends.org/services

Supporting people who do not have access to transport for medical, social and practical needs.

WHO WE ARE

Our branch covers a large rural area including Cirencester, Stroud and Tetbury. We offer information, friendship, and support to local people with Parkinson's, their families, and carers - each have different needs! We look to provide respite, an ear to listen or a chance to laugh and live well with Parkinson's.

We aim to provide regular activities, social gatherings, speaker events as well as trips, outings, exercise & other physical activities all to help people living with Parkinson's in our area. However, for any medical advice, this needs to be sought from Parkinson's Consultants, Advisors and Nurses – see Useful Information pages for their contact details.

We are self-funded through donations and fundraising, most of our efforts every year go to funding research projects under the aegis of Parkinson's UK to help find a cure. Other funds are used to provide the support and interesting activities for our branch members.

Our branch members enjoy meeting up for a coffee and a chat, listening to each other's stories on how they are living with Parkinson's.

CONTACT US

For more information on the Parkinson's Cirencester and Stroud District's branch please get in touch:

- **Website:** www.ciremstroudpuk.co.uk
- **Telephone:** 07780 994 765
- **Branch Email:** cirenstroudpuk@yahoo.com
- **Address:** 25 Millennium Way, Cirencester, Gloucestershire, GL7 1FJ

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.