

Parkinson's UK
Cirencester & Stroud Branch
Minutes of Annual General Meeting 20th March 2023
St Lawrence Church Hall, Cirencester

Officiating: **Jane Henderson** – Network Support Officer

27 members were in attendance.

1. Welcome & Notices:

Kevin Young (Chair) opened the meeting and welcomed all attendees.

It should be noted that this AGM is now realigned to PUK's Schedule for AGM's

Notices:

- **Wed 29th March 10:30 – 12pm – Cuppa-Chat** (Room 2 Cirencester Baptist Church)
- **Tue 4th April – Monitoring Symptoms of PD Project** with Dr Tina Smith – St. Lawrences Hall 11:15 start
- **Wed 12th April – Incurable Optimist Show with Paul Mayhew-Archer** - tickets still available from Karen and cirenstroudpuuk@yahoo.com
- **Mon 17th April next members meeting – Ann Henderson & Deb Thurmann**
- **Thu 20th April – Cam & Dursley Coffee Morning – SARA**
- **Wed 24th May – Dare to Dabble – try out some Nature in Art techniques**
- **Lunch at The Ram – Note that this has now been cancelled due to lack of interest**

2. Apologies

Apologies were received from: Jenny Hoffman – (Treasurer Elect), Karen Brookes, Christopher Merrill (Committee Volunteers)

3. Acceptance of 2022 AGM Reports

The 2022 AGM reports and minutes were accepted – Proposed by Steven Goldblatt, Seconded by Karen Young.

4. Chairman's Report (KDY) – Chair

KDY, Chair delivered his report.

Copy is attached.

KDY thanked all the current committee members, the Focus Group and branch members for their support.

5. Treasurers Report (KDY – Acting Treasurer)

KDY delivered the Treasurers report covering Year End 2022, and financial statement Year to Date (19th Mar) for 2023.

Copy is attached

It was proposed by the committee and agreed by members that £4k, which is just under 1/3rd of the 2022 year-end account balance was donated to PUK, and that the focus Group would agree what area it would be allocated to.

Options are:

- Research – (note if it was agreed to go to research, then the focus group is to agree which project it is to go to)
- Where the need is greatest
- Financial Assistance Programme
- To Support work in your region
- Improving Services

Action: KLY to contact Focus Group members for decision – By end March 23

Note In accordance with PUK rules, there should be enough cash left in the account to run the Branch for 12 months.

A copy of the budget and the AFR will be available to all members via the Committee Area of the Website – (<https://www.cirenstroudpuk.co.uk/committee/>)

6. Acceptance of Financial Reports

Stuart Key proposed that the accounts were accepted, Peter Stone Seconded the proposal. All attendees voted to accept them.

7. Nominations: Officiated by Jane Henderson (JH)

JH gave an overview of key issues happening in PUK:

- There is a new area on the PUK website for professionals, where they can access training free of charge.
- There is a grant available for physical activities within the region of between £2-2.5k
- A site on PUK website dedicated to what is happening in the research
- New Campaign launched – ‘Can’t Wait’
- TV advert for Parkinson’s aired on Chanel 4
- World Parkinson’s Day – 11th April
- Gloucester Conference – 14th Sept, Gloucester Rugby Club
 - am – Consultant David Dexter
 - pm – Alison Anderson -

JH facilitated the nominations for the committee & Volunteers

Committee Position	Nominee	Proposed By:	Seconded By	Accepted by
Chair	Kevin Young	Dave Trinder	Anne Cunningham	All Attendees
Treasurer	Jenny Hoffman	Karen Young	Stuart Key	All Attendees
Secretary/membership Sec	Karen Young	Lyn Alcock	Caroline Charrington	All Attendees
Committee Members/Volunteers	Diane Shelley Kath Clements Steven Goldblatt	Karen Young	Dave Trinder	All Attendees

	Angie Fenton Karen Brookes Christopher Merrill			
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8. Close out of formal proceedings

KDY closed out the formal proceedings with a vote of thanks to the Committee for all their work.

Angie Gallagher also gave a vote of thanks on behalf of the members for the work being done by the committee.

9. Get Out & Get Active (GOGA)

Ben Langworthy gave a talk about the activities and Classes that are being held across our county, several which are starting in Stroud next month, and with a plan to expand to the rest of the Cotswolds in the very near future.

Ben will provide a monthly programme, that will be shared with our members.

Members have been asked to suggest activities and locations that they may want to participate in that the GOGA organisation could help to facilitate.

Suggested activities to date include Tennis, Table tennis, walking football, walking rugby, dance, yoga, with suggested locations of Cirencester Leisure Centre & Cirencester Football Club.

Members to advise KLY of anything specific they are interested in.

Ongoing communication will be maintained with GOGA.

10. Date of Next AGM:

March 2024 – tbc